

NETWORK NEWS

ST. ANDREW'S September—October 2020

Jay's Say:

Worship is the pivotal activity that focuses and enriches life, giving meaning and purpose to existence.

In the New Testament the word for worship is *latreia*, which had its origin in servitude and expressed what a hired servant or slave owed to the master. We still use the word "service" to describe an act of worship.

The human need and capacity for worship is undiminished. Christians can be put on the defensive when people assert that they can worship anywhere. While that is true, Christian worship is authenticated by the presence of fellow worshipers, as part of the body of Christ.

Like me, many of you rely on worship to cope with COVID-19. Early Christian worship was essentially domestic and was celebrated in private houses. Thanks to the pandemic, many of our homes have been sanctified by and for worship. Messy Adventures are a wonderful way to connect to God, often in our own backyard. If you haven't checked out the resources prepared by Aaron Jenkyn, please do so. Hundreds and hundreds of people around the world are accessing Messy Adventures via Facebook and other social media, so it would be a shame if our own members are missing out on these activities, readings and prayers.

Church members meet for Midday Prayer at noon on weekdays via Zoom. The short service is centered on a Psalm, a Gospel passage and a period of shared (often silent) prayer. Since we began offering virtual worship at the end of March, an average of 241 people have accessed our Sunday worship online on top of those attending in-person Eucharists on alternate Sundays. Some people struggle with all forms of virtual

worship, but our offerings are consistently of the very highest caliber and are helping to sustain people during these challenging times. As Aaron mentions later in these pages, she and the Rev'd Derek Scalia provide Compline (Night Prayer) every evening at 9.30 PM on Facebook.

I am grateful for all these offerings, and I'm hugely excited about Re:Turn. Celebrating the fall equinox, this worship will air on 22 September. Aimed at those who are spiritual as well as those of us who are religious, Re:Turn is a collaboration between St. Luke's, Renton in Washington, St. Andrew-by-the-Sea in San Diego, and ourselves. Please be in touch with Jack Barben if you'd like to sing in the virtual choir for this service — or if you know someone who is interested. All are welcome, and all you need is a cell phone and headphones.

Please make time to worship. Just as your body needs sleep, your soul needs time to rest in God.

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Parish Updates

Baptism

12 July

Graham Kucera

Burials

31 July

Nina Howard

19 August

Karla Sanders

Memorial Service

30 August

Rob Freitas



Parish Birthdays



Bonnie Chappell	2	Becky Rylander	2
Julie Woodger	7	Steve Winter	2
Aaron Jenkyn	11	Shelly Boucher	3
Sue Eaton	12	Elizabeth Woodley	3
Cecilia Kellett	12	John Moses	5
Jay MacLeod	12	Chuck Ackroyd	6
Theresa Quinn	13	Foster Boardman	12
Ellen Yenawine	14	Peter Boucher	12
Susie Sanders	15	Anne Pankow	12
Diana Seamans	15	Dawn Rich	12
Jeremy David Kellett	16	Lea Frey	13
Kylin Frenkiewich	18	Judith Oates	16
Asher MacLeod	21	Aldyn Frenkiewich	19
Sally Asher	24	Judith Brown	20
Gene Hall	24	Kathi Almond	21
Jared Midgett	27	Shane Boucher	21
Barbara Tarantino	30	Monique Jevne	21
Judy Wheeler	30	Robert Carroll	22
		Sue Greenbaum	27
		Eleanor Alleman	28
		Patricia Goodwin	29
		Kristyn Jamieson	29
		Julie Machen	29
		Alexander Spina	30
		Morris Edwards	31
		Patricia Wall	31



The Outreach Commission meets the first Thursday of each month at 5 PM (subject to change) to receive and consider suggestions for our *Last Sunday* offering. We have agreed that our efforts should be focused on humanitarian needs, both domestic and international; and we welcome suggestions from parishioners. At our meetings we discuss potential recipients and decide who among us will do the required research and the writing.

Committee members are Elizabeth Lowell, Becky Rylander, Greg Vogt, Janet Heyl, Christine Kellett and Karen Zurheide. Their contact information is in the 2018 St. Andrew's Parish Directory.

Please see p. 6 for *Last Sunday* offering for September. October's recipient to be based on greatest need will be determined soon.

Check out the **Seamen's Institute** website (<https://seamenschurch.org/christmas-at-sea>) if you are looking for an easy, quick knitting or crocheting project. Patterns for several hats and scarves are available using only one skein of yarn. Our donations will be collected and mailed later in the fall.





Engaging Families at St. Andrew's —Aaron Jenkyn—

Ancient and Modern Meets Online Each Night

In the early days of the Covid19 pandemic my friend and colleague The Rev'd Derek Scalia (Deacon at St. James, Keene) began praying Compline each night on Facebook Live. Understanding before most of us the magnitude of the pandemic and the impact the Stay at Home Orders would have on our lives he sensed the need to bring people together to pray, even as we were forced to stay apart. So using the Compline service from the Book of Common Prayer he used the tools available, and boldly clicked "go live" on Facebook one night in early March. I happened to be on Facebook when he went live, and joined in, not sure what to expect, but Derek's gallant leadership and the fellowship of the community called me back each night.

Compline, also known as the Night Prayer, is most often prayed by candlelight, sometimes sung, sometimes spoken. Christian communities around the world have gathered in chapels, monasteries, on candle walks and in their own homes to pray Compline together at the close of the day for more than a thousand years. The liturgy varies across tradition, but most services include an examination of conscience, readings from the psalms, short verses of scripture, the Song of Simeon, a time of prayer and intercessions and a blessing. The words and silence are woven together in a beautiful liturgy that transcends space and time, joining our voices with those who have come before us, and offering a place to listen for the "still small voice" of God and leave your worries before you lie down to sleep.

Our Christian forbears never imagined gathered prayer to take this form, and if we were being honest, many of us living in the 21st century could never have imagined it either, but this strange and contentious platform has allowed us to carry on an ancient and beautiful tradition during. Each night a dozen or so people join live, with 75-100 people joining in to pray along with the recorded service as they are able. What has emerged from this experiment is an incredible online community of lifelong Christians and seekers praying together each night, many of whom had never prayed Compline before.

Earlier this summer Derek invited me to lead Compline Prayer on Saturday evenings. I have found leading these prayers to be a powerful connection to God and community and have loved to watch as people join in for the first time, and continue to come back each week. You can find Compline Live at 9:30 PM every Sunday through Friday by searching @DerekScalia on Facebook or on Saturday evenings by searching @AaronJenkyn. Saturday evening's service is also posted to the St. Andrew's and Epiphany Facebook pages.

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen. — BCP, p. 134



The Wardens' Words:

Our Coronavirus Pandemic Etiquette

We have all heard the guidance from our politicians and medical experts to wear our masks and keep social distancing of at least 6 feet. Usually, this guidance contains further directions for those over 65 and/or with compromised immune systems to be extra cautious by avoiding situations that could involve over 10 people. This guidance is intended to protect all of us from either contracting COVID 19 or exposing others if by chance we happen to be a carrier of the virus.

While these precautions certainly appear to be totally a necessity of life today, they certainly create the opportunity for the negative results of loneliness and depression for many. Think about all of those you would routinely have conversations with both before and after normal church services.

St. Andrew's is doing a wonderful job at helping us to stay connected to God with online and in-person worship and to each other with Zoom coffee hours on alternate Sundays. But face-to-face opportunities for discussion and caring has now all but disappeared from our lives leaving a large void in the lives of many.



You have the opportunity and capability to prevent this – a simple phone call or email to your church friends and acquaintances just asking how they are doing. To quote an old television commercial, “Try it. You will like it.” It will be good for both parties.



– Bruce Avery and Marni Eaton

Heartfelt Thanks for Last Sunday Donations to the Bond Funds to Release Asylum Seekers

I'm writing to let you know that we did receive the check from St. Andrew's for \$6240. I'm sure our financial secretary will be sending out a more formal thank you note but wanted to express our gratitude too.

As of right now there are immigrants being hosted in White River Junction, Greenland, Nashua, and Somersworth. There are also “graduates” from our program living in Deerfield, Frankestown, Manchester, Worcester, Lewiston, Vassalboro and Portland.

Here is a recent thank you note we received from an immigrant:

*My God I can't believe it.
Thank you so much, thank you for all.
Thank you to hold my hands.
Thank you to bring me out of this horrible situation and [to help me] make sense to my life.
By your commitment and the grace of God I will have my citizenship.
What should I say?
Thank you, I'm wordless.*

Your donation will allow us to continue this life saving work. Thank you! — Nancy Pierpont (Pape),
Chair, NH Conference United Church of Christ, Immigrant and Refugee Support Group

FROM OUR DIRECTOR OF MUSIC

Hello All!

I'd like to invite each of you to participate in a very special liturgical experience - a celebration of the 2020 fall equinox which blends poetry, music and nature into a mystical experience of the divine. St Luke's Episcopal Church in Renton, WA has been celebrating the turning of the seasons at each equinox and solstice for the last five years. This year, St Luke's joins together with us in New London and St. Andrew's by-the-Sea Episcopal Church in San Diego, CA to put together a first-ever virtual celebration of the event. These liturgies acknowledge the beauty of the natural world and the interweave of the seasons with our own spiritual lives.

We are specifically inviting you to sing with us at this event. Combining the musical resources of three parishes and our musical friends, we will have a formidable music crew! In addition to three parish choirs, we have a professional music ensemble which includes flute, clarinet, viola, cello, string bass, percussion, trombone, saxophone and more. We will be singing songs ancient and modern, from different cultures and different faiths. Each piece has been lovingly arranged by Charles Rus (St. Andrew's, SD) and me to play to the strengths of our choir, ensemble and the needs of a virtual choir.

It is our hope that you will think deeply about joining us. At this particular moment in our world, music and poetry of peace and connectedness which transcends division and brings us back to our spiritual nature can have a profound impact. Every voice adds inestimable value through its unique color and history to our music.

If you would like to be a participant in **Re:Turn 2020**, please let me know by 4 September. Please feel free to email me with any questions! — *Jack Barben*



The Rev. Dr. Kathleen Rusnak is preparing her **next lesson on Matthew's Gospel** which will be delivered in September: "The meaning of 'the Kingdom of Heaven' in the sayings and parables of Jesus in Matthew's Gospel."
 We will explore the central message of Jesus' ministry, and a term found only in Matthew's Gospel and Rabbinic Judaism. We will look at the significance of "the Kingdom of Heaven" for the Judaism(s) of Jesus' day, especially as it relates to the coming of the Messiah and the end time.

Last Sunday Looks Ahead – 27 September

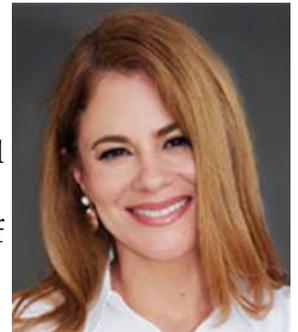


El Hogar

In September, our Last Sunday donations recipient will be El Hogar – the Home of Love and Hope in Honduras. When Greg Vogt and Becky Rylander visited in March of 2019, school was in full swing both at the elementary school in Tegucigalpa and at the high school (Instituto Tecnico Santa Maria or ITSM) in Amaratuca. When the new school year began this February, 12th grade was added at ITSM to provide a full junior-senior high school education.

Since then much has changed, but much remains the same. In mid-March, much as was done at schools here, ITSM was closed (there by government order), and the children were sent home. Likewise, the children with homes to go to were sent home from the elementary school. ***But that is not the end of the story!*** Forty-one students under legal custody of the school remain in residence at the elementary school, and 150 others maintain contact with their teachers via Google Classroom, What's App Meeting, and Zoom. The children who live at the school follow a strict schedule of class work, chores and recreation. El Doctora Nora, the El Hogar dentist, has been made bio-protection officer and the school has instituted strict protocols. Staff members are rotating on a two-week basis to limit exposure of all, and at last report, no one had contracted the virus.

Six months or so ago, Denise Vargas was hired to serve as Executive Director of El Hogar Projects in Honduras – the first Honduran in that position. Meet Denise: Denise has 20 years of business experience and is committed to instilling an entrepreneurial spirit in the children to help them achieve their potential as citizens of Honduras. She is a graduate of Dartmouth College (BA in psychology and romance languages) with an MBA from the Technical University of Mexico. She is a fellow of the Central American Leadership Initiative and a member of the Aspen Global Leadership Network. To hear from Denise directly, please see this video: <https://vimeo.com/436937031> and explore the El Hogar website (elhogar.org) for more information. Denise reports that the children remain focused on their educations and health, and she is impressed by their resilience. They are truly grateful for the opportunity that El Hogar provides, and, as Denise says, the work done by El Hogar toward achieving its mission is even more important now.



We hope you will give freely on the last Sunday in September – donations that will be matched by funds from generous donors set aside for that purpose!

The El Hogar Mission

El Hogar provides a quality education and a safe and nurturing home to poor and disadvantaged children in Honduras. Our goal is to break the cycle of poverty so that our students can fulfill their potential as productive and independent Honduran citizens.

Please note that the Outreach Commission has not yet selected the October Last Sunday recipient. Watch for parish emails and notices on the St. Andrew's website in advance of 25 October.

Last Sunday Looks Back—

A Report from Navajoland

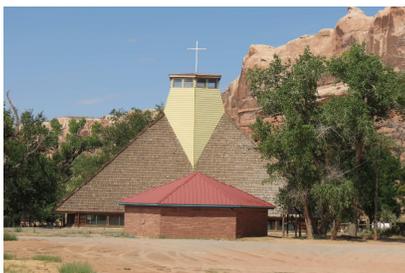
Thanks to the significant response from St. Andrew's and others, Navajoland has been able to expand its weekly deliveries of food and water from the original 125 to 300 intergenerational families living far from one of the 13 grocery stores on the 27,000 square miles which comprise the Area Mission. Funds have also purchased two large commercial freezers and food racks and two flatbed trailers. The kitchen equipment is housed at Fort Defiance as the central clearing place for Arizona and in Farmington for New Mexico. Until Bluff can upgrade its electrical supply to the needed level, a nearby Chapter House serves as the Utah distribution center. The flatbed trailers can carry more than a car or van.

The Navajo clergy and other staff are the front line workers actually delivering the food and water. Please pray for their health and safety as they care for their fellow Navajo in this very hands-on outreach. While the 11 churches are closed and the clergy unpack, repackage, and deliver these vital supplies, worship continues in other ways. Deeply powerful daily meditations on the readings come via email for those who have internet. Printed packets of prayer and reflections have been disseminated. The Diocesan Convocation took place over Zoom, as do bi-monthly calls of the Economic Development Corporation. Founded originally to raise funds for the Area Mission, that objective has been subsumed by the critical overall need for food and water.

A third of the Navajo do not have running water. This makes frequent hand-washing impossible. The estimated cost for building the infrastructure and supplying water is \$700 million. President Nez of the Navajo Nation hopes to set aside \$300 million of the Federal funds granted for coronavirus relief to begin to build that infrastructure. The “glitch” is that those funds must be expended before 21 December of this year: an impossibility for a task of this magnitude.

Meanwhile, the Area Mission prepares to add fuel for the winter to its deliveries. The Elders, who are the keepers of culture and ceremonies, are disproportionately at risk for COVID-19 and also mind the cold terribly. It is not unusual to keep a hogan or trailer at 75-80° F in the winter months. Fuel is wood, coal or propane; and the price of it has soared.

If you feel called to do more than what you have already given to St. Andrew's *Last Sunday Outreach*, contributions may be sent to:



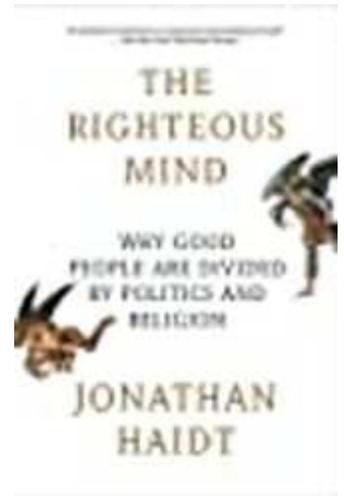
The Episcopal Church in Navajoland
P.O. Box 720
Farmington, NM 87499



Faith and Issues

The **Faith and Issues** group is enjoying a summer break and will resume meeting again via Zoom on Saturdays from 9:00-10:30 AM, beginning 12 September. The first book we'll read and discuss this fall is *The Righteous Mind: Why Good People are Divided by Politics and Religion*, by Jonathon Haidt. We have chosen *Caste: The Origins of Our Discontents* by Isabel Wilkerson to be our next book.

Additional information and a list of the chapters for each week can be found on the St. Andrew's website under the "Learn" tab. Each week we have exciting discussions about a variety of topics and would love to have you join us. – *Katrina Wagner*



PRAYER FOR THE SCHOOL YEAR
Gracious God,
bless students, teachers and parents
as they return to school for an
unpredictable year.
Help us to stay focused on learning.
Give us extra measures of patience and
understanding.
Inspire us to be brave and kind and
creative.
Hold us all in your hand as we find our
way
in these challenging times.
Amen.

Join us for the first of four annual seasonal services. The first, **Re:Turn**, takes place online at the autumnal equinox, 22 September, at 7 PM in collaboration with St. Luke's in Renton, WA and St. Andrew's in San Diego, CA. See a preview at <https://youtu.be/zwKIAdiqMmE>. Two articles about this unique service can be found at <https://stlukesrenton.org/seasonal-liturgies/>. Subsequent services can be expected on the winter solstice, the vernal equinox and the summer solstice.

Please see p. 5 for additional information.

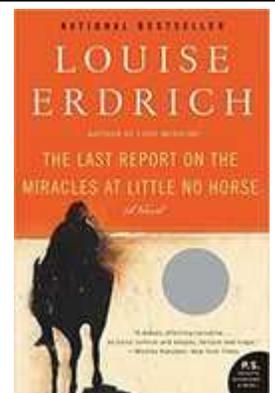


Reel and Novel Theology

We will discuss the novel *The Last Report on the Miracles at Little No Horse* by Louise Erdrich on Wednesday, 9 September at 7 PM. Look for an invitation to join a Zoom call. Stay tuned!

We don't yet have a reel in mind for October . . . Please speak to Shelly in the office if you are interested in leading one of these discussions and/or have suggestions for reading and viewing in the months ahead.

Please keep in mind that the titles we choose – book or film – are meant to shape our understanding of ideas like love, compassion, forgiveness, redemption; in other words, those markers we encounter in following Christ.



Calendar of Events

September:

9 (Wednesday) – Novel Theology, 7 PM (*see p. 8*)

6 and 20 (Sunday) – St. Andrew's own pre-recorded worship, 9 AM and on demand

12 (Saturday) – Faith and Issues resumes (*see p. 8*)

13 and 27 (Sunday) - In-person outdoor worship on Gould Road lawn, 8 and 10 AM (*see pp. 6-7*)

22 (Tuesday) – Re:Turn, liturgical celebration of autumnal equinox (*see pp. 5, 8*)

25 (Friday) - Friendly Kitchen (*below*)

October:

14 (Wednesday) - Reel Theology, 7 PM (*see p. 8*)

25 (Sunday) - Last Sunday, open plate recipient to be determined

NOTE: The nature and schedule of Sunday worship services beyond September have not yet been determined.

Please look for announcements in your email.



The **Crafty Critters** are doing well. We have been meeting weekly via zoom and at times in person on the church lawn, wearing our masks and sitting apart. Most of us have projects that we are working on at home or when we meet so we will be ready for the next fair – *now hoped for* but as yet unscheduled. These are strange times but it is good that there are ways that we can stay connected. – *Barbara Smith*

We have been serving dinner at **Friendly Kitchen** in Concord for about 15 years. Our next visit to **Friendly Kitchen** is Friday, 25 September. Chris and Janet Heyl, JoAnn Hicks and Nola Jordan prepared and served BBQ pork sandwiches and salads for about 60 at our last visit. Please let Judy Ackroyd know if you would like to help in September with food or service.



September: Canned fruit

October: Large juice

Paper towels, toilet paper, coffee (regular, decaf and instant), peanut butter and jelly, cake and brownie mixes and monetary donations are always welcome.

**Help Re-Stock the KLS
Community Food Pantry**

Lay Contemplation: Animal Rights

An occasional column where parishioners write about issues that concern them related to church life and/or spiritual and theological matters. Submissions are welcome at any time. – Ed.

Throughout almost 80 years of life on this planet, I have been privileged to be in a family sharing existence at some point with eight corgis, three Boston bulls, several turtles, one housebroken white rabbit, one brown rabbit, one Schipperke, one Belgian shepherd, one Wheaten terrier and two cats. I suppose coexisting with those animals, and being a daughter, granddaughter, niece, and mother of lawyers -- and also involved with the annual St. Andrew's Blessing of the Animals service -- might give me reason to eventually reflect on the lives and fates of animals, which is in fact what happened.

Observing animals capable of emotion, rudimentary thinking, sensing (often to a higher degree than their human companions) and of course, intuition, made me wonder how they could protect themselves when they couldn't speak our language? The answer to that was that they couldn't -- human intelligence and weaponry always provided the final answer, but then some humans began to get interested in "Animal Rights." It wasn't until after 2002, however, when we first arrived here, that I began to read about court representation for animals. Animal rights became a hot issue, attracting at one end of the spectrum, families with treasured pets, and at the other, activists willing to put their livelihoods on the line to disrupt what they believed to be unethical behavior towards animals.

So what are "Animal Rights"? Its two most basic tenets are justice -- "conforming to fact or reason" -- and morality -- "conforming to what is good and right." A problem with separating the two then emerges: one can reasonably work on an animal (such as in scientific research) without being moral; or, one can conform to what is moral (such as in the liberation of farm animals) without being reasonable. What I think is needed, however, is a single definition which includes both morality and reason although perhaps the heated passion which the word "morality" evokes cannot be merged with cold scientific reasoning. The most inclusive definition comes from Wikipedia: "Animal rights is the idea in which some or all animals are entitled to the possession of their own existence and that their most basic interests - such as the need to avoid suffering - should be afforded the same consideration as similar interests of human beings. That is, **some** [emphasis added] species of animals have the right to be treated as the individuals they are with their own desires and needs, rather than as unfeeling property."

Andrew Linzey, Britain's foremost animal rights theologian, addresses numerous issues swirling about animal rights in his book, *Animal Theology*: hunting as a pleasure sport, vegetarianism, genetic engineering, killing for food, use in scientific research, and patenting of animals. He treats each issue with sensitivity and thoughtfulness. God, Linzey proposes, is so fully involved in His creation, that God has completely emptied God's Self into all of it. God rejoices fully in what God has done. Therefore how can we as humans assume that we may place our specifically human rights above God's rights? This puts human rights on a par with animal rights! In fact, Linzey continues, humans are to recognize that they are uniquely created for "service and self-sacrifice" as Christ revealed in Himself, not domination. And, as humans participate in this sacrificial work through prayer, sensitivity to suffering, and healing offered to all of God's creation, they will find their unique calling.

Continued on following page

Animal rights, continued

I will conclude with a set of questions that might point the way toward the "Peaceable Kingdom" which Linzey refers to and evokes in his visionary book.

- 1) Should one break the law to combat injustice? How far can one go?
- 2) Are humans animals? All animals are not human. Where is the dividing line?
- 3) Where does justice -- the quality of being just, impartial or fair -- in the treatment of animals fall?
- 4) Where moral is defined as relating to principles of right and wrong in behavior, are there grey areas?
- 5) "Fix our eyes on justice and inspire us to stand in solidarity with the poor and oppressed" (recent Prayers of the People). Who are the poor and oppressed? – *Wendy Sloan*



Art Committee Update

The newly-formed art committee has met twice on Zoom during the summer and anticipates meeting every two or three weeks going forward. Members Shelly Boucher, Suza Lambert Bowser, Marni Eaton, Mary Eysenbach, Alice Perry, Alison Vernon and Greg Vogt are gently guided in discussions by Katrina Wagner's calm, quiet leadership.

We have individually toured the church building paying attention not only to the art work on the walls from sanctuary to parish hall, hallways and classrooms, but also to all aspects of the visual building. This means we have decided to ensure that all coat hangers in the entry match, for example, and have also passed several observations along to Buildings and Grounds under the leadership of Chris Heyl. We've kept a photographic record of all that we have noted, especially important while we are unable to meet in person in the physical space of the church.

As members learn from one another about our sensibilities, preferences and church history, we also recognize the need for input from the entire parish as changes are contemplated. At the start, the committee will consider art work for bathroom walls. – *Alice Perry*

Prayers of Thanksgiving from the Trail

Brenda Tirrell completed hiking the 14 high peaks (elevation 4000' or more) in Maine in August. She completed the Adirondack 4000 footers (46) last fall. She had previously climbed the 4000 footers in Vermont (5) and New Hampshire (48).

She shares her Prayers of Thanksgiving from the Trail below, which evolved during her adventures in the Adirondacks.

For the beauty of the earth, and especially for the beauty of the Adirondack mountains, forests and waters

For the wisdom and foresight of New York State citizens and elected officials, who protected six million acres with the creation of Adirondack State Park in 1892

For the Adirondack Mountain Club, its staff and members, who work to protect the Adirondack wilderness, maintain the trails, provide maps and trail guides, lodges and lean-tos, education programs and both guided and volunteer-led hikes

For the forest rangers and other wilderness first responders who stand ready to assist those in need, especially the team that rescued Joan and guided me safely off Mount Marshall

For the health and strength to continue climbing the high peaks, with special thanks to heart, lungs and legs

For companions on the way, especially

- ◆ Charlie, for his love and support
- ◆ Linda and Elly, with whom I climbed my first high peaks
- ◆ Joan, with whom I have climbed more high peaks than anyone else, including all of the Adirondack high peaks
- ◆ Members of the Purple Bandana Ladies Hiking Group, Linda, Elly, and Joan among them
- ◆ The many hikers, names unknown, encountered along the trails and on the summits, for their support and encouragement, their good cheer and their stories, and for their kind regard for older lady hikers

Amen

And like Billy Bray I go my way,
and my left foot says "Glory,"
and my right foot says "Amen."

— Annie Dillard, *Pilgrim at Tinker Creek*



One of her favorite photos from the trail, Brenda calls this her "Thanks be to God" photo. It was taken from the Nun-da-ga-o Ridge Trail in the Adirondacks.

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